

# Domestic Abuse






SCAN THE  
QR CODE  
FOR MORE  
INFO

## ADVICE & GUIDANCE

### What is Domestic Abuse?

‘Any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over who are or have been intimate partners or family members **regardless of gender or sexuality**’. (*Domestic Abuse Act, 2021*)

### This can encompass, but is not limited to:

-  Psychological abuse
-  Physical abuse
-  Sexual abuse
-  Financial abuse
-  Emotional abuse

Controlling behaviour aims to make a **person subordinate by isolating, exploiting, and regulating them**. Coercive behaviour involves acts like assault, threats, and intimidation to harm or frighten the victim.

Scan/Click the QR code to access a range of regularly updated resources for statistics, advice and support from third-party organisations.



Tel: 01752 437177  
livewell.workplacehealth@nhs.net  
www.livewellworkplacehealth.co.uk