

## Wellbeing at Work Awards

### Three Year Review Silver and Gold Awards

Name of Business:

Contact Name:

Contact Email:

Date of Three-Year Review:

Topics for Review:

Topic	Assessment Criteria	Yes/No
Domestic Abuse	Do you have an up-to-date policy/statement/organisational commitment which opposes all forms of domestic abuse?	
Domestic Abuse	Do you promote domestic abuse support to staff?	
Drugs, Alcohol and Tobacco	Do you have an up-to-date policy/statement/organisational commitment for alcohol and substance misuse?	
Drugs, Alcohol and Tobacco	Do you promote alcohol support to staff?	
Drugs, Alcohol and Tobacco	Do you have an up-to-date smoking policy?	
Drugs, Alcohol and Tobacco	Do you promote stop smoking support to staff?	
Mental Health	Do you have an up-to-date policy/statement/organisational commitment for mental health and wellbeing?	
Mental Health	Do you promote mental health support to staff?	
Musculoskeletal Health	Do you promote MSK health support to staff?	

Physical Activity, Healthy Eating and Healthier Weight	Do you promote active and sustainable travel?	
Physical Activity, Healthy Eating and Healthier Weight	Do you promote physical activity to staff?	
Physical Activity, Healthy Eating and Healthier Weight	Do you promote healthy eating to staff?	
Sleep and Recovery	Do you promote sleep hygiene to staff?	
Reducing the Risk of Suicide	Do you promote support for those who have thoughts of suicide?	
Reducing the Risk of Suicide	Do you have a plan in place for responding to a suicide attempt or death?	